PRESERVATION AT A GLANCE

Method	Best For	Pros	Limitations
Frozen	Molecular Analysis Disease Diagnosis and Classification, Archival Storage Comparative studies and Cohort Analysis Quality Control Assay Optimization	Preserves integrity (molecular structure and chemical composition) Minimal ice crystallization (smaller tissue sizes)	Requires ultra- cold storage Not ideal for live cells Larger tissue specimens can form ice crystals within the tissue
Fresh	Precision medicine	Unprocessed	Requires rapid
FIESH	Precision medicine Drug Discovery Cell lines Organoids Modeling Early-stage immunotherapy development Xenografts Circulating Tumor Cells Biomarker discovery	tissue	Requires rapid transport Logistical challenges for delivery
Fixed (FFPE)	Histopathological analysis	Long-term storage	Possible degradation of DNA and RNA

Immunohistochemical Analysis Tissue Archives and retrospective studies	Maintains cellular proteins and nucleic acids Maintains tissue morphology Ambient temperature storage 10% formalin penetrates tissues quickly Works with a wide range of downstream applications Work with a wide range of dyes and staining protocols Easy to store and cost effective Prevents autolysis Maintains antigenicity	Difficulty extracting high- quality intact nucleic acids for Next Generation Sequencing or gene profiling Processing time involved